



DERMACEUTICALS FOR MEN

SKINN Face Scrub 100ml

With Microdermabrasion Beads

Microdermabrasion is a gentler technique that evolved from Dermabrasion. **FACE SCRUB** contains a high concentration of polyethylene micro-crystals and is specifically designed to improve and enhance the therapeutic results of office based medical microdermabrasion, especially for men suffering from pseudofolliculitis barbae or razor bumps. **FACE SCRUB** gently exfoliates and rejuvenates the skin's surface.

Features and Benefits:

MICROFINE POLYETHYLENE CRYSTALS

- Concentrated amounts of microfine polyethylene crystals

HUMECTANT

- Glycerin, acts to draw and hold water into the skin, resulting in micro exfoliation without excess drying

ENHANCES ABSORPTION OF OTHER PRODUCTS

- Prepares skin to absorb other products more effectively and evenly
- Reduces built up skin around hair follicles reducing ingrown hair formation

RECOMMENDATIONS

- Especially beneficial for men who suffer from ingrown hairs or razor bumps
- Reduces and prevents whitehead and blackhead formation
- Rough textured skin.

INSTRUCTIONS

- Best used at night
- Initially use once per week, then up to every second night
- Use circular motions to work into the skin for 1-2 mins
- Follow with **FATIGUE RESCUE** and **EYE CREAM**

PSEUDOFOLLICULITIS BARBAE "SHAVING RASH/BUMPS" Dr Nina Wines BSc MBBS FACD (Dermatologist)

- The technical term for razor rash/ razor bumps or shaving rash is **Pseudofolliculitis barbae**
- This is a type of folliculitis (inflammation of the hair follicle)
- Inflammation of the hair follicle occurs when hairs grow into the wall of the hair follicle rather than out the entrance or orifice of the follicle
- The most common site for this problem is on the neck.
- People with curly hair or hair that grows in multiple different directions or those that stretch the skin excessively whilst shaving, are more likely to experience this problem.
- Double/Triple edge razors may cut the hairs too short, so that the hairs are more inclined to grow into the wall of the follicle.

The Solution

- Most doctors suggest letting a beard grow for 30days so as to eliminate some of the ingrown hairs.
- If this is impractical due to work and social commitments suggest growing a beard for a period of 7-14 days when it best suits the client
- Advise cleaning the skin with a soap free, low irritant lubricating shaving cream such as **SKINN TOTAL SHAVE**.
- Advise using **FACE SCRUB** on a daily basis at night following cleansing
- Suggest that your client commences shaving again after the allocated time off, but use a single blade razor instead
- Shave in the direction of the hair follicles (not against them)
- If the follicles go in multiple directions suggest using gentle side to side motions when shaving in the region where bumps are visible
- Suggest not to stretching the skin whilst shaving (especially on the neck region).
- If using an electric shaver, suggest the use of an attachment